

# California State Journal of Medicine.

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## IMPORTANT NOTICE!

All Scientific Papers submitted for Publication must be Typewritten.

Notify the office promptly of any change of address, in order that mailing list and addresses in the Register may be corrected.

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No. 3

## EDITORIAL NOTES.

Do such prominent men as William J. Mayo, George W. Crile, A. J. Ochsner, J. H. Carstens,

**DO MEN  
THINK?**

E. Fletcher Ingalls and others who contributed articles to the January number of the *American Journal of Surgery*, give the slightest thought to what they are doing by so contributing? It would seem to be impossible that men of that character, men who have worked as hard as a number of these gentlemen have worked for the upbuilding of the American Medical Association can really understand what it means when they give their support to a publication that represents the very extreme of "published-for-profit" medical (?) journalism. The advertising pages of the publication in question are full of the very worst fake and fraudulent nostrum advertisements that ever were. And yet men of distinction in the medical world will help that nefarious business along by contributing articles to such a sheet! The *Journal A. M. A.*, in December last, called attention to the nostrums advertised in the publication under discussion and deplored the fact that reputable men would contribute articles to such a publication or subscribe to it. And that is the gist of the whole matter. These frauds have been exposed by the Council on Pharmacy and Chemistry; they have been a danger and an injury to the medical profession of this country for years, because the truth about them was not before known; and yet men who support and believe in the Council on Pharmacy and Chemistry, men who are strong in the Association, will not see to what extent they defeat the result of their own work in the Association by helping to support a publication

that will advertise these frauds. Would William Mayo, for instance, so much as touch the dirty money that is paid for the advertising of antikamnia, phenalgin or any one of a dozen things that are advertised in the very journal containing his contribution? And if he would not, why should he help along that sort of business by contributing his article? Does he not know the antikamnia lies? Does he not realize the postum lies and the old grape nuts appendicitis advertisements—and the Collier verdict? And how about Ochsner? Does he think grape nuts, by the postum company a good thing to prevent appendicitis? Does he use "h-m-c" or prescribe our old friend "cactina pellets"? If he does *not* believe in these things, if he *does* believe in the honest work of the Council on Pharmacy and Chemistry, if he honestly and earnestly supports the American Medical Association, how, in Heaven's name, can he justify himself for aiding in the exploitation of these frauds? The proposition is a simple one. If decent men would keep their names out of bad company; if they would refuse to contribute or subscribe to any publication which advertises these rank nostrums, then both such publications and such nostrums would die.

We do not have to go so far afield to find examples of prominent men contributing articles to

## ANOTHER EXAMPLE.

journals that publish nostrum advertisements. In the *Annals of Surgery* for February we find the following choice advertisements: glycothymoline, "h-m-c," glycoheroin (smith), ergoapiol, chinisol, bovinine, sal hepatica, whirling spray and Gray's glycerine tonic; we sadly miss our old friend antikamnia, the advertisement of which used to appear in the *Annals of Surgery*. In the same issue of the same publication we find a paper by Douglass W. Montgomery, M. D., and George D. Culver, M. D., San Francisco. Dr. Montgomery has been a member of the State Society for many years; he has been a member of the A. M. A. for many years; during all of that time he has supported the work of the Society and of the Association and has expressed views in hearty support of the Council on Pharmacy and Chemistry. Why does he contribute to a journal that will advertise nostrums which Dr. Montgomery knows to be unworthy of professional consideration? *American Medicine* for January contains the advertisements, among others, of glycerine tonic, cactina pellets, seng, campho-phenique, chionia, viburnum compound, bovinine, neurosine, dioviburnia, ergoapiol, resor-bisnol, tri-iodides, maizo-lithium, antiphlogistine, pepto-mangan, dioradin, glycothymoline, postum, Pond's extract, glyco-heroin, vapo-cresolene, a-f-sal, anasarcin, phenalgin, "h-m-c," sal hepatica, oppenheimer treatment, celerina, sanmetto, varicocene, iodia and apioline. In the same issue is a contribution by Douglass W. Montgomery, M. D., San Francisco. Why should he do it? There are a whole lot of people who would not care to see their names in the same binding with that list of nostrums, etc. And he knows what they are!

## NOTICE

### PRELIMINARY PROGRAM

Forty-second annual meeting of the Medical Society of the State of California.

Del Monte Hotel, Del Monte, April 16th, 17th and 18th, 1912.

Railroad rates the same as usual; one and one-third fare for the round trip.

The provisional program, subject to revision and correction, is as follows:

The Committee on Scientific Work of the State Society has so far arranged for the following program:

There will be one symposium on "Poliomyelitis" in which so far the following men will participate:

Prof. Hans Zinsser of Stanford University will speak on the experimental side of the problem; Dr. R. L. Wilbur of Palo Alto on the Clinical side of early cases; Dr. T. J. Orbison of Los Angeles on the Neurological side; and Dr. J. T. Watkins of San Francisco on the Orthopedic side.

There will also be a symposium on Salvarsan and the Wassermann reaction. This will be a joint meeting with the Pacific Coast Branch of the American Urological Association. The following gentlemen will take part in the discussion: Dr. Walter Brem of Los Angeles, Dr. Wm. F. Cheney of San Francisco, Dr. Chas. D. Lockwood of Pasadena, Dr. Geo. Newmark of San Francisco, Dr. H. B. Oliver of San Francisco, Dr. Leon J. Roth of Los Angeles, Dr. W. F. Schaller of San Francisco, Dr. V. G. Vecki of San Francisco, Dr. D. W. Montgomery, Dr. Howard Morrow and Dr. L. L. Schmitt, of San Francisco.

Major Roger Brooke of the U. S. Army Medical Corps has kindly consented to read a paper on "Typhoid Vaccination." Dr. Dudley Fulton of Los Angeles, who is in charge of the Medical part of the program announces the following papers:

Dr. Arthur H. Reinstein will read a paper entitled "An Analysis of the Examination of 1800 Women of the Prostitute Class of the City and County of San Francisco, with Special Reference to the Prevalence of Venereal Disease." There will also be a paper by Dr. E. D. Chipman on "Some Observations in the Diagnosis and Treatment of Syphilis," and Dr. Ralph Williams, of Los Angeles, will contribute a paper on "Tuberculides as Observed in Southern California."

Dr. C. M. Cooper and Geo. L. Painter, "The

Role of the X-Ray in the Diagnosis of Diseases of the Stomach (illustrated by lantern slides);" Dr. Robt. L. Cunningham of Los Angeles, "The Mechanism and Clinical Aspect of Chronic Arterial Hypertension."

Dr. Andrew S. Lobingier of Los Angeles, who is looking after the Surgical side of the program announces so far: Dr. E. T. Dillon of Los Angeles, "Report of a Case of Cerebral Cyst;" Dr. Guy Cochran of Los Angeles, "Operative Treatment of Fractures;" Dr. Rae Smith of Los Angeles, "Hepatic Abscess with Report of Cases." He hopes to have several important communications from San Francisco surgeons.

Dr. D. Friedlander of San Francisco will read a paper on "The Diagnosis of Tuberculosis of the Skin;" Dr. LeRoy H. Briggs of Oakland, "Clinical Value of the Arneith Method of Blood Examination;" Dr. Annie W. Williams of Hayward, "Dietetics from the Modern Standpoint."

Following is the provisional program for the Eye, Ear, Nose and Throat Section:

Dr. Chas. Miner Cooper, San Francisco, "Diagnosis of Hypophyseal Affections;" Dr. Ernest C. Dickson, San Francisco, "The Pathology of Hypophyseal Affections;" Dr. H. B. Graham, San Francisco, "The Operative Procedures in Hypophyseal Affections;" Dr. Boardman, San Francisco, "The Radiography of the Hypophyseal Region;" Dr. Henry Horn, San Francisco, "The Nose in Its Relation to Bodily Reflexes;" Dr. Leo. Eloesser, San Francisco, "Plastic Surgery of the Nose;" Dr. Edward C. Sewall, San Francisco, "The Relationship Between Angio-Neurotic Edema and the Accessory Sinuses of the Nose;" Dr. W. F. Blake, San Francisco, "Pulsating Exophthalmos;" Dr. Vard H. Hulen, San Francisco, "General Anesthesia in Cataract Work;" Dr. E. W. Alexander, San Francisco, "Pathological Conditions of the Eye Secondary to Diseases of the Lymphatics of the Neck and Throat;" Drs. Suggett, Day, Dunn, San Francisco, "Orthodontia in Its Relation to Nose and Throat Work."

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MAKE YOUR ARRANGEMENTS WITH

HOTEL DEL MONTE

APRIL 16th, 17th AND 18th

*Psychological History.* The patient never had a nervous breakdown, but has sometimes been depressed after very hard work. He has applied himself very closely to his duties, the responsible nature of which he fully realizes. He is unusually young for the position he fills. In consequence, he has neglected physical exercise since the age of sixteen years and saves himself from becoming too stout by going without lunch. He works nine and a half hours a day, and likes it.

As a boy, he was very conscientious, and was always annoyed if things were not correctly done promptly. This was shown by his behavior with regard to the chicken house in which he kept chickens for amusement and pocket money as a boy. This extreme orderliness was not a family trait, although his father also had it. He had no overscrupulous ways, and was not over particular in his studies, although he worked hard. He had no morbid fears and no religious crises, as he was not particularly devout and had no set views. He thinks that as a boy he was sexually passionate. He has not masturbated since twelve years of age; and has had no sexual difficulties, being able to abstain or indulge as the occasion arises. He does not care for society, and prefers men to girls; and though he has some intimates, he has no deep attachments.

These characteristics have persisted into adult life; so that if things do not go right, the passion for order impels him to rectify them himself rather than take the trouble to make others do it. He has never suffered from tics, not even having made facial grimaces, which are so common in boys. I tested his suggestibility by pushing him by the shoulder. He moved only a short distance, and quickly checked himself by bending his knees. There was no rigidity of movements other than those used in writing. In his writing there was no rigidity of the extreme kind seen in the so-called spasmodic form of writer's cramp. His disability would conform to the type called tremulous by Benedict. It was rather a hesitancy than a cramp.

*Pathogenesis.* From these facts it can be induced that the patient's attempt to resume work necessitating long continued writing, before he was in a proper state to do so, led to a tremulousness of the hand and arm similar to that which ensues upon excessive consumption of coffee or tobacco or upon the toxin of some infectious or fatigue condition. The condition would probably have been recovered from spontaneously as he regained strength had not another element been added by the dread of permanent incapacity led to by the refusal of his check at the bank. This was the really efficient cause of his present disability. Hence, it was to this that therapeutics was exclusively addressed.

*Treatment.* Here the role of mental prepossession in inhibiting the due coordination of muscular movements was explained to him and illustrated by means of the strokes used in lawn tennis, more especially that known as the drive. It was shown that fear of making an improper stroke is very likely to lead to lack of freedom and cramping of the muscles, which are the very positions to be avoided. Still greater

anxiety will create an uncertain, wobbling stroke, the incoordination of which is comparable to his writing.

A further illustration used was that of Jastrow's investigation of the relative efficiency of the employees who first used the enumerating machine in the census of 1900 against those who were brought in later on account of the disappointing output of the others. The special preparation of the first set of clerks so far from giving greater speed, only produced the feeling of the difficulty of the task, which they never transcended, being quickly surpassed in amount of work by the clerks who received no special preparation whatever.

The relation of these facts to the episode of the refused checks was discussed with him at length. When he had clearly realized the psychological mechanism of his condition, he was directed entirely to cease writing with purpose, and to begin exercises by making free arm movements with chalk on a blackboard, paying no attention to the forms he drew, but concentrating himself upon the attainment of freedom in action. When this was insured, he might pass to a slate and later to pencil and paper, and then gradually reduce the size of the writing. He was asked to send me specimens of his efforts, but this he did not do, and he did not reply to an inquiry addressed to him one month later, but over two years later he sent me the following\* specimen, and informed me that he had almost entirely recovered after one month of the exercises prescribed.

It should be added that this patient's disability was entirely confined to writing, for even in drawing and letter printing there was hardly a tremor of the hand.

The whole matter of the psychogenetic occupation neuroses is entered into in detail in a forthcoming monograph of the author. In this the more difficult cases and their successful treatment are described.

\* N. Y. Med. Jour., Oct. 11th.

See also preliminary communication to Congress of French Neurologists; and in Washington, Medical Annuals and Monthly Cyclopaedia, May, 1911.

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## ANNUAL MEETING

—of the—

## STATE SOCIETY

April 16th, 17th and 18th, 1912

HOTEL DEL MONTE

ARE YOU GOING?

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## CHANGES OF ADDRESS.

Anderson, J. G., from Petaluma to San Francisco.

Hieronymus, Arthur, from addresses unknown to Alameda, Cal.

**Bancroft, I. R.**, from 2314 Lota street, Los Angeles, to Lankershim Bldg., Los Angeles.

De Ville, Leon, from addresses unknown to American National Bank Bldg., San Diego, Cal.

Wrenn, Jos. T., from San Francisco to 274 Abby street, Fresno, Cal.

Nusbaum, Adolph, from addresses unknown to 865 Fillmore street, San Francisco.

**Carter, M. G.**, from San Leandro to 1638 Cimarion street, Los Angeles, Cal.

Curtis, Elliott D., from Woodland to 577 Fourteenth street, Oakland, Cal.

**McNeile, L. G.**, from 3837 So. Hill street, Los Angeles, to Auditorium Bldg., Los Angeles.

Hickey, Jno. Philip, from 456 Haight street, San Francisco, to 2790 Harrison street, San Francisco.

**Jackson, Craven**, from San Fernando Bldg., Los Angeles, to California Bldg., Los Angeles.

Avery, Norman M., from San Francisco to Essalon, Cal.

**Walters, H. S.**, from Arroyo Grande, Cal., to Union National Bank, San Luis Obispo, Cal.

Schaller, W. F., from addresses unknown to San Francisco.

Gallison, F. E., from Mt. Boullion to Merced Falls, Cal.

Stephens, C. P., from Grimes, Cal., to Pinole, Cal.

**Holland, J. A.**, from San Andreas to Hayward, Cal.

**Muller, A. C.**, from Hammonton to 214 Haight street, San Francisco.

**Dodsworth, Robert M.**, from Azusa to 451 W. Ocean street, Long Beach, Cal.

**Pomeroy, J. L.**, from Pottenger Hospital, Monrovia, to American National Bank Bldg., Monrovia.

Hansen, Agnes Emilie, from Lodi, Cal., to Los Gatos.

**Soothill, Jno. H.**, from Anderson, Cal., to 114 Seabright avenue, Santa Cruz.

**Tupper, R. B.**, from St. Luke's Hospital to 297 Church street, San Francisco.

**Newman, Lester**, from German Hospital to 209 Post street, San Francisco.

Leonard, J. V., from Mexico to 2370 Mission street, San Francisco.

Jardarola, L. S., from San Francisco to —?

**Crepin, E. A.**, from Glen Ellen to Alhambra.

Bryant, F. J., from 126 Stockton street, San Francisco, to Soledad, Cal.

Bingaman, E. W., from Soledad to —?

Hunter G. R., Eighth avenue and Twenty-first street, Los Angeles, Cal.

**Low, S. P.**, from 1220 State street, Santa Barbara, to 9 W. Victoria street, Santa Barbara.

**Maine, A. F.**, from Peralta Apts., Oakland, to Thayer Bldg., Oakland.

Ray, J. T., from San Francisco to —?

Griffin, A. P., from Sutter Creek to Los Banos, Cal.

**Dietz, H. L.**, from 1111 Washington street, Oakland, to 1634 Eighth street, Oakland, Cal.

Falk, Eugene V., from Shively to 922 I street, Modesto, Cal.

Quinn, Wm., from 1542 Thirteenth street, San Francisco, to cor. Thirteenth and Railroad ave., S. F.

Leffler, John, from 1911 Sutter street to Pacific Bldg., San Francisco.

Tillotson, C. A., from Holtville to Coalinga, Cal.

Anderson, C. A., from San Ysabel, Cal., to Hooper, Cal.

Freeman, C. M., from San Francisco to Stockton, Cal.

**Ball, J. D.**, from Central Bank Bldg., Oakland, to Thornhill Road, Oakland.

Chambers, J. D., from Grant Hotel, San Diego, to —?

Jackson, Jas. A., from Scripps Bldg., San Diego, to —?

Rajotte Fabre, E. C., from Lincoln, Cal., to Paris, France.

**Cohn, David**, from Fairmont Hotel to 1404 Sutter street, San Francisco.

**Baker, Charlotte J.**, from San Diego to Point Loma, Cal.

**Baker, Fred**, from San Diego to Point Loma, Cal.

Hileman, J. E., American National Bank Bldg., San Diego, Cal.

Nielsen, J. C. E., from Los Angeles to San Diego, Cal.

Armstrong, G. C., from Chicago, Ill., to San Bernardino, Cal.

Ohrwall, H. W., from addresses unknown to Ciennaga, Cal.

**Magnus, M. E.**, from 648 Hayes street to 635 Hayes street, San Francisco.

Kergan, J. F. C., from 1449 Post street, San Francisco, to —?

Mouser, S., from San Francisco to —?

Bush, B. H., from Oakland to Santa Cruz, Cal.

Wolfsen, L. H., from Merced, Cal., to Chicago, Ill.

**Matlock-Vanderpool, Mary F.**, from Eugene, Ore., to 204 W. Sixth street, The Dalles, Ore.

Morris, C. A., from addresses unknown to 2128 Chestnut avenue, Bakersfield, Cal.

**Topham, B. E.**, from 1249 Grand avenue, Los Angeles, to Sagus (P. O., Surrey, Cal.)

Michaelson, Lewis, from Livermore to 2735 Webster street, San Francisco.

Kessing, J. J., from addresses unknown to 716 Jefferson street, Oakland.

Vance, Allen H., from Santa Cruz to Sausalito, Cal.

Anderson, Annie M., from Mill Valley to —?

Sweet, Anna E., from San Anselmo to —?

**McNary, Wm. Thos.**, from 66 E. Santa Clara avenue, San Jose, to New Century Bldg., San Jose, Cal.

**Sampson, J. H.**, from Garden City Bank Bldg., San Jose, to Thayer Bldg., Oakland, Cal.

Prather, D. J., from addresses unknown to Modesto, Cal.

Jamieson, E., from Grass Valley, Cal., to 1528 Eighth avenue, East Oakland, Cal.

## NEW MEMBERS.

**Cottrell, Chas. C.**, Scotia, Cal.

**Bryan, Lloyd**, Eureka.

**Long, S. M.**, Fresno.

**Lemon, F. J.**, Kerman.

**Manson, Guy**, Fresno.

**Armstrong, G. C.**, San Bernardino.

**Rubel, W. A.**, Loma Linda, Cal.

**Taylor, H. N.**, Maricopa, Cal.

**Look, H. H.**, Sacramento, Cal.

**Stevenson, G. L.**, Sacramento, Cal.

**Voisard, F. X.**, Sacramento, Cal.

**Dower, Wm. H.**, Halcyon, Cal.

**Wade, L. T.**, San Luis Obispo, Cal.

**Atkins, M. H.**, Burlingame, Cal.

**McGinty, A. T.**, San Jose, Cal.

**Bell, W. L.**, Santa Cruz, Cal.

## RESIGNED.

Bullington, P. F., Chico, Cal.

McMullin, Smith, Petaluma, Cal.

## DEATHS.

Kisner, Thos. J., San Francisco.

Rowland, P. Demott, Hilcrest, Cal.

Draper, E. M., Pasadena, Cal.

Leib, T. N., San Francisco.

Cassity, S. O., Snelling, Cal.